

# Rectal Microbicides: The Basics

6 July 2010 Amsterdam Marc-André LeBlanc, IRMA Secretary





## This presentation

- Who is IRMA?
- Rectal microbicide research the basics
- IRMA goals and objectives
- Rectal microbicide advocacy and you



## IRMA, b.2005



#### 4 people, 4 agencies, 2 countries

## IRMA is

AIDS FOUNDATION OF CHICAGO Secretariat

Mission: support development of safe, effective, acceptable, and accessible rectal microbicides for all that need them A global network of advocates, leading scientists, funders and policymakers from six continents – w/chapters in Peru and Nigeria



More Science

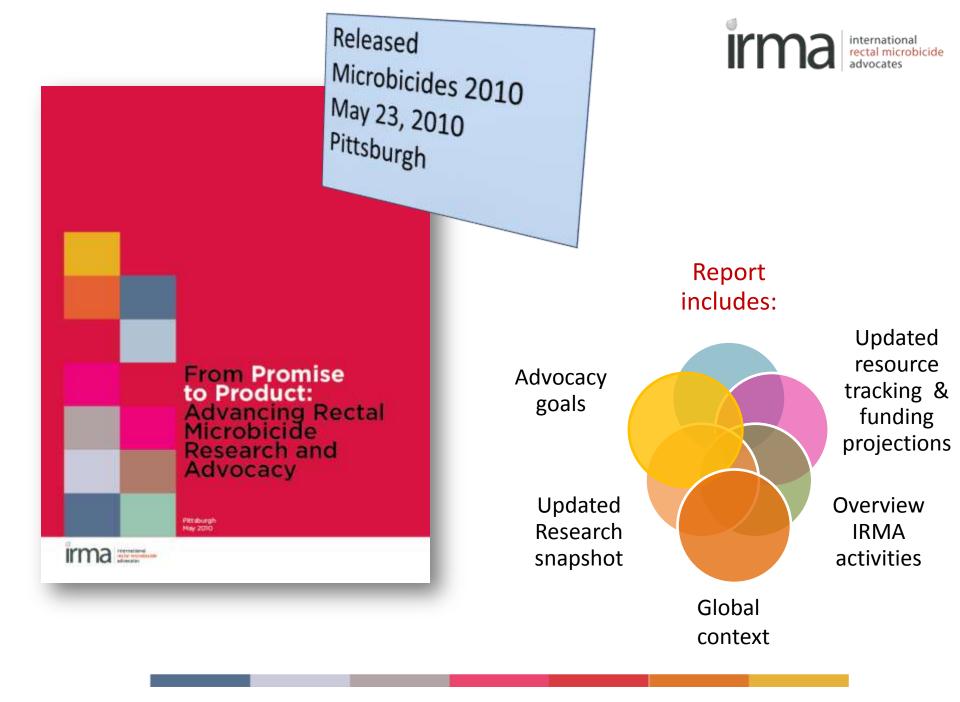
ima=

international rectal microbicide advocates

**Microbicides** 



international rectal microbicide advocates

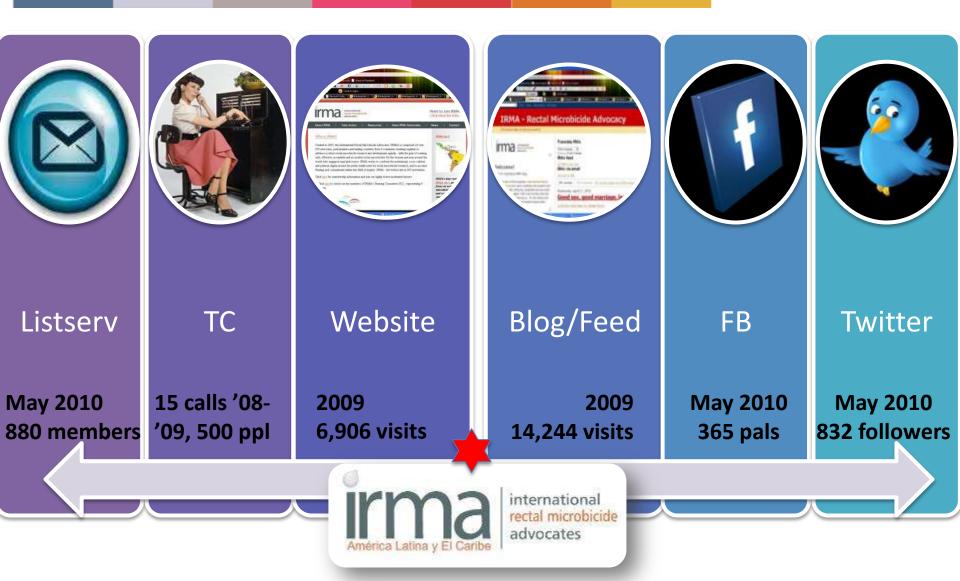








#### Making it Work







## Anal Intercourse





# Anal intercourse is a human behaviour.



 In absolute numbers, 7x more heterosexual women than gay men and MSM in the US practice receptive anal intercourse (AI) - a conservative estimate

[Halperin DT.]

Prevalence of AI among heterosexuals not well defined

- Varies regionally by age, population, co-risk

 Al is relatively common globally, 5 – 10% in gen. pop. and up to 30-50% of women with other HIV risks

#### engage in Al

 <u>Unprotected</u> AI may be a significant source of HIV transmission in many contexts, including those labelled as "heterosexual epidemics."



#### Anal Intercourse

Gay men and other men who have sex with men (MSM)

- Most HIV infections due to <u>unprotected</u> AI
- Globally, MSM are 19x more likely to be infected with HIV than general population
- In North America, Western Europe, Latin America :
  - Gay men and MSM make up most HIV infections
- In many African, Asian and Latin American countries:
  - HIV among MSM significantly higher than general population
- Globally, only 9% of MSM in 2006 received any type of prevention







#### Challenges in rectal microbicide development

Compared to microbicides for vaginal use, rectal microbicides are in much earlier stages of development because of:

- Political and cultural reluctance to address anal sex among gay men, MSM and between women and men
  - Stigma
  - Denial
  - Homophobia
- Lack of understanding of need
- Scientific and biological challenges



- More complex safety issues rectum very fragile
- Lack of adequate resources



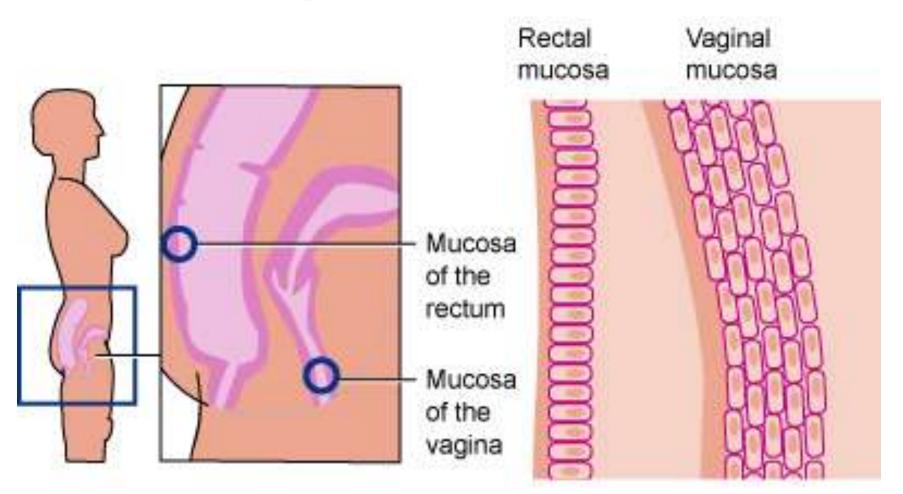
#### **Biological challenges**

Vagina	Rectum	
Most of the epithelium is 40 cell layers thick	Very fragile epithelium, 1 cell layer thick More inflammatory cells under surface (CD4 receptors)	
Fewer CD4 cells than rectum		
Acidic pH	Alkaline, rather than acidic pH	
Enclosed pouch	uch Open-ended tube	



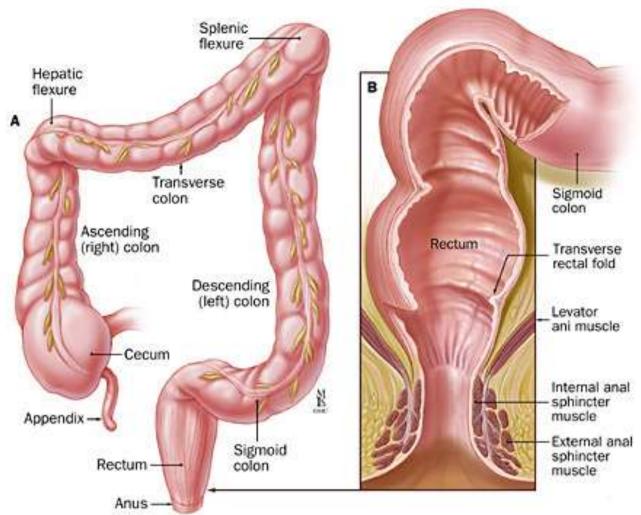
#### Anatomy 101

#### Mucosa of the Vagina and Rectum





#### The anus and rectum



Source: Johns Hopkins Medicine





## An act of <u>unprotected</u> anal intercourse is *10 to 20 times more likely* to result in HIV transmission than an act of unprotected vaginal intercourse.

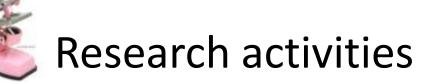




### Science

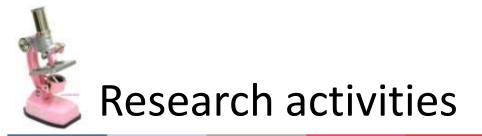






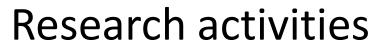
- Pre-clinical/basic science
  - developing and testing products in labs and in animal studies
- Clinical trials safety and efficacy
  Are these RMs safe? Do they work?
- Acceptability & behavioural studies
  - What kinds of products would people use?
  - Who is having AI?





- Baseline studies
  - What normally happens during AI?
- Formulation studies
  - How will different chemicals and substances be put together to make a safe, effective RM?
- Distribution studies
  - Where do RMs need to go?





Section	Research project	Year
2.1	The Microbicide Development Program (MDP)	2004-2010
2.2	Combination HIV Antiretroviral Rectal Microbicide (CHARM) Program	2010-2014
2.3	Microbicide Safety and Acceptability in Young Men	2010-2013
2.4	Combined Highly-Active Antiretroviral Microbicides (CHAARM) Programme	2010-2014
2.5	RMP-02/MTN-006: Phase I rectal microbicide safety and acceptability trial of topically applied tenofovir compared with oral tablet	2009-2011
2.6	MTN-007: Phase I rectal safety and acceptability study of tenofovir gel	2010-2011
2.7	Biomedical, social, and behavioural research funded by amfAR	2007-2010
2.8	Aptamer microbicide development program	2005-2011
2.9	Evaluating rectal safety and efficacy of microbicides in macaques	2008-2009
2.10	Assessing user preferences for rectal microbicide formulations: Gel vs. suppository	2005-2007
2.11	Assessing the rectal safety of sexual lubricants	2009

irma

international rectal microbicide advocates





## Advocacy, Funding, IRMA and You









- ✓ Increase and diversify funding
- ✓ Increase research activities
  - Increase knowledge
    - For instance:
    - Learn more about heterosexual anal sex
    - Lear more about anal sex behaviours and practices general

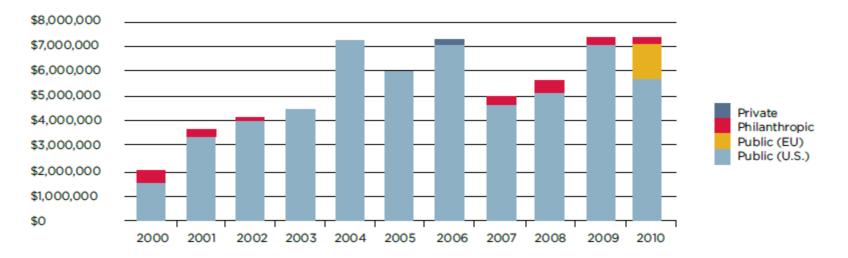




#### **Advocacy Goals**

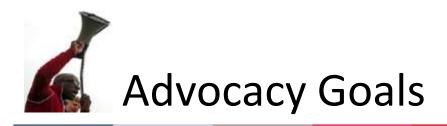
• Increase and diversify funding

#### RECTAL MICROBICIDE RESEARCH SPENDING BY YEAR (2000-2010), IN U.S. DOLLARS



Over the 11-year period of investments in RM research IRMA has tracked, the public sector has provided 97.3% of the funding (mostly from the U.S.), the philanthropic sector has provided 2.5% of funding, and the commercial sector has provided 0.2%.

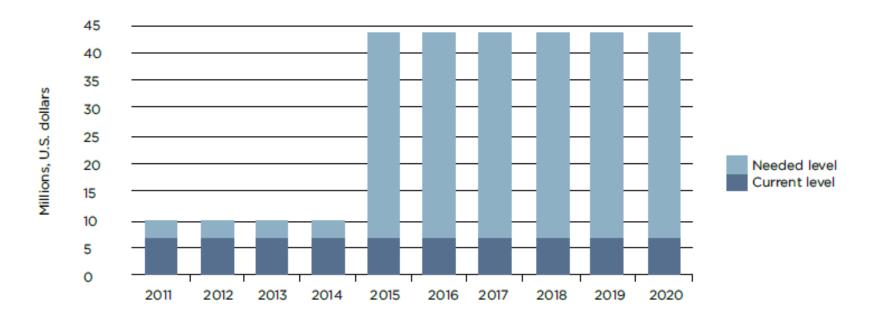
#### Source: From Promise to Product: Advancing Rectal Microbicide Research and Advocacy





#### Projected funding needs

#### ANNUAL RECTAL MICROBICIDE RESEARCH FUNDING NEEDS (2011-2020)

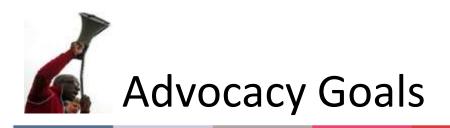


Source: From Promise to Product: Advancing Rectal Microbicide Research and Advocacy





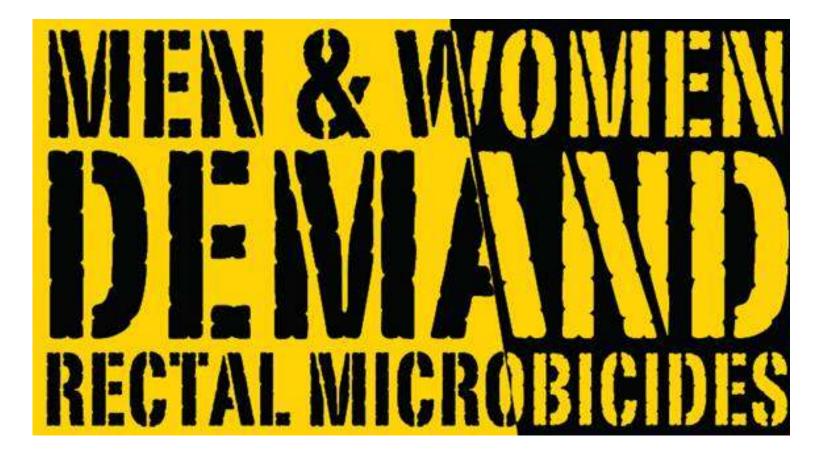
- Develop Global Rectal Microbicide Development
  Plan
  - Every R&D dollar/euro needs to be spent smartly and strategically
  - Find consensus on research priorities among stakeholders
  - Coordinate research activities, from discovery through
    Phase III
  - Monitor progress





- Recruit researchers, advocates
- Recognise anal intercourse as an important driver in the HIV epidemic among gay men, MSM, and heterosexuals
- Address burden of HIV among gay men and MSM particularly in the developing world
- Promote anal health
- Determine safety of lubricants for rectal use







# What can you do?





#### What you can do in 5 minutes

- Join IRMA sign up for IRMA listserv through website
- Read one fact sheet or news item from website or blog
- Join us on Facebook and Twitter
- Share web address and contact information w/another advocate, researcher, policy maker, potential funder



www.rectalmicrobicides.org



- Join one of IRMA's regular free teleconferences featuring world leaders in RM research, advocacy
- Read "From Promise to Product: Advancing Rectal Microbicide Research and Advocacy" or read one of the presentations from researchers, community members
  - Talk to members of your community about your interest in rectal microbicides



www.rectalmicrobicides.org



#### Want to do more?

- Become your community's rectal microbicide expert and spokesperson
  - Recruit new members, enlist organisational support for RMs
  - Conduct presentations in your community – use this one as a template!
  - Write an article, a blog or a Facebook
    update on RMs IRMA will help!







#### Want to do more?

- Join one of IRMA's working groups
  - Lubricant Safety
  - European Outreach
  - Communications
  - Fundraising
- Connect with IRMA ALC, IRMA Nigeria







#### Special thanks to IRMA funders



- amfAR The Foundation for AIDS Research
- Broadway CARES Equity Fights AIDS
- Elton John AIDS Foundation



## Thank you

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#### www.rectalmicrobicides.org